



bodytonic

BEAUTY SALON



hair removal

Full leg, underarm and bikini wax	£27.50
Half leg, underarm and bikini wax	£21.50
Full leg wax	£18.50
Three quarter leg wax	£16.00
Half leg wax	£12.00
Bikini wax - standard	£8.00
Bikini wax - Brazilian	£9.50
Underarm wax	£7.50
Facial wax	£9.50
Lip wax	£5.50
Eyebrow tidy	£6.00
Eyebrow reshape	£7.50
Back wax	from £11.50
Chest wax	from £11.50



*Information correct at time of going to print [September 2009].
All prices are subject to change.*



eye care treatments

Eyelash tint* **£8.50**

Eyebrow tint* **£6.50**

Eyelash tint and eyebrow tint* **£13.00**

** A patch test is required 24 hours prior to your first treatment. Please remove eye make up before a lash tint.*

Facials

Our facials gently remove impurities and help to rejuvenate and revitalise the face. These treatments also improve blood circulation, so a healthy skin texture is achieved.

Mini Facial

Includes a cleanse with specific ingredients for your skin type, a mask made of the highest quality ingredients, and tonic lotion to remove any residue, leaving skin fresh. Finally a moisturiser, again to suit your skin type, is applied.

30 minutes **£15.00**

Full Facial

Incorporates the Mini Facial, plus exfoliation to brighten and stimulate the skin, and a facial massage with beeswax and soothing agents to leave the skin nourished and refreshed.

60 minutes **£26.00**

Specific Facial

This is a deep cleansing facial that starts with an ozone steam. This increases blood circulation, which has a healing effect on congested, lifeless skin. A Mini Facial with exfoliation to suit your skin type is included in this treatment.

40 minutes **£22.00**

Please note: contact lenses and eye make up must be removed before all facial treatments.

complementary therapies

Indian Head Massage

A relaxing and invigorating massage treatment for the back, neck, shoulders, face, and scalp, which brings relief from pressures and tension, helping the body to stand and move more freely. The treatment also relieves eye-strain and headaches, improving concentration.

Consultation and treatment time 40 minutes **£22.00**

Reflexology

An amazingly relaxing treatment involving the application of gentle pressure to specific points on the feet. This action clears the vital energy pathways that can become blocked due to the stresses and strains of life. Reflexology helps the body to rebalance itself, promoting physical, mental, and emotional well-being

Consultation and treatment time 70 minutes **£27.00**

Course of three treatments ****only £70.00**

Aromatherapy Massage

A personalised massage treatment to relieve physical and psychological conditions, or simply for pleasure. Using essential oils blended to individual needs, the massage includes full body and face.

Consultation and treatment time 70 minutes **£34.00**

Course of three treatments ****only £90.00**

*** Full course to be paid for at first treatment.*

Hot Stone Massage

A truly holistic experience - stone therapy concentrates on the use of warm basalt stones, which are used in massage for their decongesting effect on muscular and nervous tension, and their positive effect on toxin elimination.

Consultation and treatment time 60 minutes **£34.00**

Please note: complementary therapies may be unsuitable for some customers, depending on their medical conditions. If you are in any doubt, please check with your doctor first.

spa body treatments

Body Polish

A 10-minute steam bath starts this treatment, then a natural sea salt is applied. This provides perfect exfoliation; eliminating dead skin cells, smoothing roughness, and refining the skin's texture. Shower facility available.

Treatment time 30 minutes [full body]

£16.00

Ultimate Detox Body Mask

A steam bath starts this treatment. The body is then exfoliated, and a body mask is applied. Rich in trace elements, the mask has cleansing and purifying properties, and gives the skin suppleness, leaving it satin smooth. The presence of algae extracts stimulates cell renewal, and helps with the elimination of toxins. The body is then wrapped in an electric blanket and allowed to rest for 20 minutes, before showering and application of moisturiser.

Treatment time 60 minutes [full body]

£30.00

Body Wrap with Essential Oils

This indulgent wrap creates a truly relaxing environment. Essential oils provide a total sense of well-being; relieving tension, as well as deep cleaning and detoxifying the skin. A heated blanket is used to speed up the elimination of toxins, before the excess product is showered off [optional].

Treatment time 30 minutes [full body]

£20.00

Clay Body Mask

A steam bath starts this treatment, before a clay mask made of specific ingredients to suit your skin type is applied to the body, which is then wrapped in a heated blanket. After relaxation and showering, you are ready to enjoy the steam bath again. This treatment helps to detoxify the body, drawing out impurities.

Treatment time 30 minutes [full body]

£20.00

Dead Sea Paraffin Mud

A steam bath warms the body in preparation for the application of warm paraffin mud - a soothing treatment for the back; ideal for relaxing tired muscles.

Treatment time 30 minutes [full body]

£20.00

body treatments

Swedish Massage

This relaxing, deep tissue massage eases muscular stiffness, aches and pains, and improves circulation, skin conditions, and muscle function, as well as relaxing the body and mind. A complimentary 10-minute steam bath is optional with this treatment, but must be booked in advance. Clients must wear a bathing costume.

Treatment time 30 minutes **£15.50**

Treatment time 60 minutes **£26.00**

Look Good - Feel Great

This treatment incorporates the Mini Facial and 30 minutes of body massage.

Treatment time 60 minutes **£26.00**

reception opening times

Monday 9.30am - 8.30pm

Tuesday 9.00am - 8.30pm

Wednesday 9.00am - 7.00pm

Thursday 9.00am - 6.30pm

Friday 8.30am - 4.30pm

Saturday 9.00am - 3.00pm

Sunday 10.00am - 3.00pm

Treatments can be booked outside these times at the therapist's discretion.

Any cancellations not made the day before your appointment, or missed appointments may incur a charge. Clients arriving late for an appointment may be required to forfeit part of their treatment.



Bodytonic Beauty Salon at Stafford Leisure Centre
Lammascote Road | Stafford ST16 3TA

Telephone 01785 619 036 | www.staffordleisurecentre.co.uk