

Could your home be affecting your health?

Give your home a health check

FREE advice and support for people who live in their own homes or rent from a private landlord.



Environmental and Health | www.staffordbc.gov.uk



Stafford Healthy Homes Service

Do you have damp or mould in your home?

Do you feel cold or struggle to heat your home?

Do you struggle moving around your home?

**Have you visited your GP or been to A&E
more than once in the past 6 months?**

Do you feel unsafe in your home? Do you feel lonely or isolated?

Have you had an accident or a fall in your home?

Do you find it hard to keep on track with bills?

If you answered **YES** to any of these questions and you live in your own home or rent from a private landlord, then you need a **FREE** healthy homes check.

What Will the Check Involve?

The Healthy Homes Officer will ask to have a look around your home to check for risks to your health and wellbeing and will talk through any other problems you might have. The visit shouldn't take any longer than 30 minutes. The visits are carried out by a Healthy Homes Officer from Stafford Borough Council. You will know it's them because they will be carrying identification. If you have any doubts you can contact us on 01785 619 000.

What Happens after the First Visit?

We will look at all of the information that you provide and decide, with you what the next steps will be. Together, we can agree on what will work best to support you.

We work with different partners to be able to help you achieve a healthy home, such as the Fire Service, Home Improvement Agency, Community Centres and a range of NHS services

How to Book a Health Check

To find out more about the services we can offer and to book a Healthy Homes Check please contact the **Healthy Homes Officer**

call **01785 619000** | email **healthyhomes@staffordbc.gov.uk**

visit **www.staffordbc.gov.uk/healthyhomes**
